

## Stage Two

Overarching case scenario 92

29 year old English teacher, drives, hobbies theatre, dance.

Aftercare on soft lenses.

Monthly disposable soft lenses fitted 3 years ago; last aftercare 4 months ago but has since relocated so needs new practitioner. DV and NV good with spectacles and lenses.

Comfort not as good as it used to be. Wearing time seems to be getting shorter, finds lenses irritate after about 1-2 hours wear and has to remove them Eyes also look a little red with lenses. No watering or discharge.

No problems with handling.

Compliance good – washes hands before lens insertion and removal; changes CLs and case every month.

Uses Biotrue solution, case 2 weeks old, washes case with boiled water from the kettle occasionally.

Wearing time 3-4hrs average, 5 hours max; 6 days per week. Was wearing lenses all day a few months ago and would like to go back to that but they aren't comfortable enough.

Lenses are 3 weeks old and worn 2 hours today

No ocular history

GH good, no meds. No allergies. Non smoker. Last eye exam 12/12 ago, specs updated then.

Spec Rx RE -1.75/-1.50x40 6/5 N5

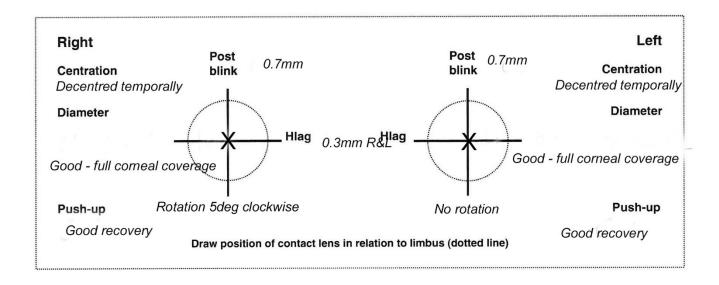
LE -2.00/-1.25x130 6/5 N5

Contact lens specification:

Coopervision Clariti toric 8.70/14.40 RE -1.75/-1.25x40 6/6 N5 Over refraction plano

LE -2.00/-1.25x130 6/5 N5 Over refraction plano

## Contact lens fit



## External examination

Very mild blepharitis, grade 0.5 MGD
See image 2 last slide for everted lid

Grade 1.5 limbal hyperaemia nasally R&L

Diffuse corneal staining R and L - see image 1 next slide

tBUT 12 seconds R&L

Image 1: Corneal staining

E LE

Image 2: Everted lids

